Excel Physical Therapy Center

101 Hospital Road, Shirley, NY 11967 www.aexcel.com • support@aexcel.com

Patient Name:		Date:	1/30/2021	Joint:	Knee
Patient ID:	44444	Time:	03:02 PM	Pattern:	EXT/FLEX
Age:	59	Involved:	Right	Type/Mode:	BI/ISOM
Weight (lb):	180	Passive Tq:	Unv 17 ft-lbs at -35 deg	Contraction:	TOWARDS
Height (ft, in):	6' 0"		Inv 24 ft-lbs at -35 deg	Sets:	
Gender:	Male			Injury Date:	09/12/20

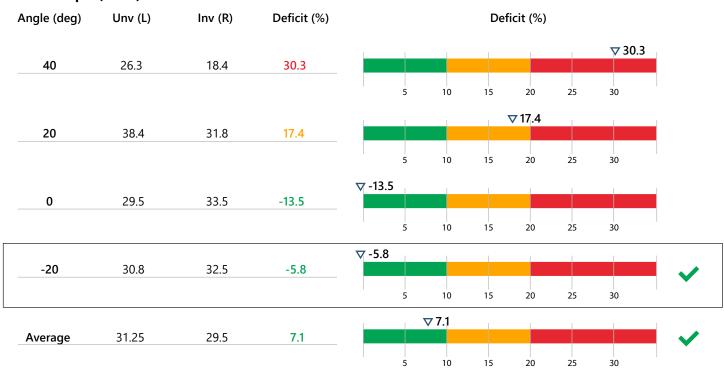
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BIODEX

Hamstring Return To Play Lengthened State Multi Angle Comparison Report

Flexion

Peak Torque (ft-lbs)



Result: 🗸

Deficit <20% in lengthened state (-20 degree angle) and average of all angles deficit <20%.

Deficit >20% in lengthened state (-20 degree angle) or average of all angles deficit >20%.

Peak Torque: Highest muscular force output at any moment during a repetition. Indicative of a muscle's strength capabilities.

Deficits: 1 to 10%: Normal Range

11 to 20%: Rehab Recommended Over 20%: Significant Impairment

Negative deficit indicates involved extremity performed better than uninvolved.

Use positive angles for Extension.

Comments:

Diagnosis: Comments:

Clinician: